## Budget example – envelope system

Below is an example of a budgeting approach called the envelope system.

Imagine you have €100 in cash and you put it in a plain white envelope and as you spend the money you write what you spent it on and decrease the total like it's done below;

## Total €100

Mon, lunch €10 - €90

Tue, app €5 - £85

Thurs, credit €20<del>-€6</del>5

Fri, cinema/food €25 - €40

Fri, Credit Union saving €10 - €30

Sat, birthday present €20 - €10

Remaining cash €10

Competition and

Commission

**Consumer Protection** 

This can be a simple but effective way to track how you are spending cash you have. As the week progresses you can see the total amount you have to spend decrease and adjust your spending accordingly.





